

# What to Bring to Camp List

Camp life is pretty informal at  
YMCA Camp Abnaki and dress is for comfort and utility.

A suggested list of clothing and supplies for **two weeks** includes:

___ 2 Pillow Cases	___ 1 Pillow
___ 3 Towels	___ 2 Washcloths
___ 4 Pair Long Pants	___ 8-10 Pair of Shorts
___ 16 Pair Underwear	___ 16 Pair Socks
___ 12 T-Shirts	___ Pair Pajamas
___ 1 Raincoat	___ 1 Hat
___ 2 Sweatshirts	___ 3 Long Sleeved Shirts
___ 2 Bathing Suits	___ 1 Flashlight
___ Laundry Bag	___ Toiletries
___ Insect Repellent	___ Sun Screen
___ Sleeping Bag	___ Sheets/Blankets
___ 1 Pair Sneakers	___ 1 Pair Boots (waterproof)
___ 1 Pair Watershoes, sandals or old sneakers that can get wet	

Optional items include tennis racquet,  
baseball glove, backpack, books, camera, letter-writing materials,  
musical instruments, fishing pole, skateboards or rollerblades with all safety  
equipment (knee pads, elbow pads, wrist guards, and helmet).

Please feel free to bring any other small items which will make your stay at  
camp more comfortable.

## **Please DO NOT Bring**

Radios, CD Players, **ipods** or other MP3 Players, Gameboys or other video  
games, pocket knives, guns, axes, hatchets, food, candy, gum, **cell phones**,  
water guns or water balloons, or fireworks.

*We encourage you to NOT send anything with high monetary or sentimental  
value to camp, as things can get lost or damaged!*

**Due to allergies, please do not send or bring any foods that contain peanuts.**

Thank you. Please feel free to call or write if you  
have any questions or concerns.

[info@campabnaki.org](mailto:info@campabnaki.org)

Phone before May 15, 802-862-9622

Phone after May 15, 802-372-8275

[www.campabnaki.org](http://www.campabnaki.org)