



List of What to Bring to Camp

Camp life is pretty informal at
YMCA Camp Abnaki and dress is for comfort and utility.

A suggested list of clothing and supplies for **two weeks** includes:

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|---|---------------------------------|
| _____ 2 Pillow Cases | _____ 1 Pillow |
| _____ 3 Towels | _____ 2 Washcloths |
| _____ 4 Pair Long Pants | _____ 8-10 Pair of Shorts |
| _____ 16 Pair Underwear | _____ 16 Pair Socks |
| _____ 12 T-Shirts | _____ Pair Pajamas |
| _____ 1 Raincoat | _____ 1 Hat |
| _____ 2 Sweatshirts | _____ 3 Long Sleeved Shirts |
| _____ 2 Bathing Suits | _____ 1 Flashlight |
| _____ Laundry Bag | _____ Toiletries |
| _____ Insect Repellent | _____ Sun Screen |
| _____ Sleeping Bag | _____ Sheets/Blankets |
| _____ 1 Pair Sneakers | _____ 1 Pair Boots (waterproof) |
| _____ 1 Pair Watershoes, sandals or old sneakers that can get wet | |

Optional items include tennis racquet,
baseball glove, backpack, books, camera, letter-writing materials,
musical instruments, fishing pole, skateboards or rollerblades with all safety
equipment (knee pads, elbow pads, wrist guards, and helmet).

Please feel free to bring any other small items which will make your stay at camp
more comfortable.

Please DO NOT Bring

Radios, CD Players, **iPods** or other MP3 Players, Gameboys or other video
games, pocket knives, guns, axes, hatchets, food, candy, gum, **cell phones**,
water guns or water balloons, or fireworks.

*We encourage you to NOT send anything with high monetary or sentimental
value to camp, as things can get lost or damaged!*

**Due to allergies, please do not send or bring any foods that contain
peanuts.**

Thank you. Please feel free to call or write if you
have any questions or concerns.

info@campabnaki.org

Phone before May 15, 802-862-9622

Phone after May 15, 802-372-8275

www.campabnaki.org