

SINCE 1901 CAMP ABNAKI has provided thousands of boys with a quality camp experience in a safe, supportive environment, developing an appreciation of the four YMCA character values of honesty, respect, responsibility, and caring.

Each day at Camp Abnaki offers a unique opportunity for personal growth. Campers form friendships, build skills and create memories that will last a lifetime. We provide a structured program and an environment where campers learn that interdependence is just as important as independence. Campers learn how to work together as a group, play cooperatively as a team, and make decisions based on the best interest of the cabin. Every camper will return home more independent, a little wiser, and a stronger part of his family.

Serving over 700 campers annually, we provide an arena for campers to develop a positive sense of identity while embracing our camp motto "help the other fellow".

We are excited to have you join our Camp Abnaki family.

Sincerely,



Jon Kuypers
Camp Abnaki Director

"The first thing they said when they got home was, 'We want to go again next year!' What a wonderful offering—the things childhood memories are made of." – Mother of Abnaki camper



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Summer Address:
1252 Abnaki Road
No. Hero, VT 05474
p. 802/372-8275
f. 802/372-5931

Winter Address:
266 College St.
Burlington, VT 05401
p. 802/862-8993 ext. 129
f. 802/862-9984



email: info@campabnaki.org
website: www.campabnaki.org



It's *Magical*



Camp Abnaki:

The *spark* in your
son's memory
that will last

forever.



A TYPICAL DAY

EACH MORNING THE CABIN RISES TOGETHER AT 7:30AM to go to flag raising while slingers, campers who set the table for their cabin, head for the dining hall. Each camper rotates having the responsibility of being a slinger throughout the session. After lunch, campers and staff are able to get out of the noon day sun for siesta. The heart of the afternoon is our three activity periods. At the beginning of each session, campers choose three skill building classes. A two week camper will choose three for the first week and three for the second week. Campers spend their time each day building upon skills learned in previous classes. Free times allow campers to participate in areas of special interest. During the evening, campers participate in village or camp-wide activities designed to integrate all ages of campers in fun filled large group activities.

7:30am Wake up	2:45pm 2nd Activity period
8:00am Flagpole and slingers	3:50pm Snack
8:15am Breakfast	3:55pm 3rd Activity period
9:00am Cabin/village clean up	5:00pm Free time
9:30am Cabin Activity	5:45pm Flagpole/slingers
10:45am Free time	6:00pm Dinner
11:45pm Slingers	6:45pm Camper's choice
12:00pm Lunch	7:30pm Evening program
1:40pm Rest hour	9:30pm Lights out/cabin chat
1:45pm 1st Activity period	

"Tim had a fantastic time at Camp—the memories he has made with you, your family and his camp friends will be forever! I just wanted to thank you—All the things as parents we provided for our children—Camp Abnaki is one I am most proud of." – Mother of Abnaki camper

DIRECTIONS TO CAMP ABNAKI

From the South via I-89

- I-89 North to the Champlain Islands, exit 17
- Right off exit on Route 2 West
- Through South Hero & Grand Isle
- Cross drawbridge into North Hero
- Turn left on South End Road
- Follow signs to camp entrance

From the South via I-87

- I-87 North through Plattsburg to exit 39
- Follow Route 314 to Champlain Ferry Dock
- Cross Lake Champlain (via ferry)
- From Vermont ferry landing, turn left on Route 314
- At end, turn left on Route 2
- Through Grand Isle
- Cross drawbridge into North Hero
- Turn left on South End Road
- Follow signs to camp entrance

From Montreal

- Proceed South on Autoroute 15
- Enter United States - I-87
- Exit at Champlain, New York
- Follow signs for Rouses Point Bridge
- Cross bridge - proceed on Route 2 East
- Through Alburg & North Hero
- Turn right on South End Road
- Follow signs to camp entrance

Visit us on the web at www.campabnaki.org!



"Helping the other fellow since 1901."

802/372-8275 {summer} | 802/862-8993 ext. 129 {winter}
info@campabnaki.org | www.campabnaki.org

A program of the Greater Burlington YMCA

CAMP ABNAKI'S MISSION

TO PROVIDE YOUNG PEOPLE WITH AN opportunity for social, spiritual, mental and physical growth through participation in a community located in a natural setting and characterized by leadership that creates a climate of cooperation, a concern for the individual, and the opportunity for interracial, intercultural, and interfaith experience.

Camp Abnaki is owned and operated by the Greater Burlington YMCA.

ABOUT CAMP ABNAKI

CAMP ABNAKI IS LOCATED ON THE SOUTHERN tip of North Hero Island in the middle of Lake Champlain. We are nestled in the Champlain Valley and enjoy breathtaking views of Vermont's Green Mountains and New York's majestic Adirondacks.

The camp takes its name—"People of the Dawn"—from the Abenaki Indians. The heart of Camp Abnaki is a commitment to the individual that has existed since its founding in 1901 by Byron "Dad" Clark, Secretary of the Vermont State YMCA, to provide a quality camping experience for boys. The camp's motto, "Help the Other Fellow", is as true today as it was in 1901.

YRESIDENT CAMP
We build strong kids, strong families, strong communities.



"Help the Other Fellow"

"Give the Gift of Camp" Camp Abnaki provides over \$30,000 annually in camperships. We are always seeking campership funding. Fin camp experience to all boys. Please contact the Camp Abnaki office or check our website for more information, www.campabnaki.org.

CAMP FACILITIES

CAMP ABNAKI HAS MORE THAN FIFTY BUILDINGS, including camper cabins that make up four villages to which campers are assigned by age. Major buildings include the Turell Memorial Lodge, containing the dining hall, kitchen and Albright Conference Room; the Long House, our recreation hall used for evening programs and rainy day activities such as ping pong, rock climbing, and four square; the Administration Building, the camp's communications, reception, and registration center; and the Arts & Crafts Lodge, a spacious building for traditional camp arts & crafts. The recently renovated Skipper Shack is the nerve center for our waterfront.

Program areas include basketball, tennis and tetherball courts, baseball and soccer field, a beach volleyball court, climbing wall, low ropes, archery range and skatepark.

WATERFRONT

WITH 1/2 MILE OF SHORELINE ON LAKE Champlain, Camp Abnaki is an ideal spot for water activities. Our new Skipper Shack serves as the home base for our waterfront program. Sailing, swimming, canoeing, kayaking, windsurfing, fishing and snorkeling are all supervised by a Waterfront Director specially trained in YMCA aquatics and certified by the American Red Cross. National YMCA safety policies and progressive swim instruction programs are followed. Nearby state parks and campgrounds allow for day trips and overnights by sailboat, row boat, kayak, war canoe and traditional canoe.



A FUN, WELL-SUPERVISED PROGRAM

YMCA CAMP ABNAKI EMPHASIZES THE development of leadership skills, personal growth, and character values. Since 1901, our program has been designed to help young people grow – to help campers build strong values, positive attitudes and self esteem, and to learn to appreciate others. Each camper plans his own program with the assistance of our caring staff, which includes a senior and junior counselor for every cabin of 6-10 boys.

OUR STAFF

OUR STAFF IS OUR MOST VALUABLE ASSET. Counselors are chosen for their knowledge of camp life, maturity, sense of values and understanding of boys. Program specialists are recruited for their expertise in particular fields and their leadership ability.

We recruit from colleges nationwide and abroad. We always have many international staff and the cultural sharing that occurs is part of our mission and a vital part of the Abnaki experience.

Prior to the start of each season, staff participate in an intensive, week long training program, which includes child development, behavior management, child maltreatment, teasing and bullying, first aid & CPR, emergency procedures, and other skills.

CAMP STORE

ALL CAMPERS WILL RECEIVE \$20 PER WEEK to spend (\$15 for Mini Camp) and a free camp t-shirt. To make paying for camp easier, this amount is automatically included in your fees.

In addition to stamps, stationery, toiletries, souvenirs, and limited purchases of snacks and juice, money may be used to purchase additional camp t-shirts, water bottle, hat, Frisbee, or other camp items.

You may choose to add additional funds to your son's account. Any balance that remains at the end of camp is nonrefundable.

REGISTRATION & REFUNDS

REGISTRATIONS ARE ACCEPTED ON A FIRST-COME basis. A non refundable deposit of \$100 per registered session is required along with a complete registration form in order to reserve a space. Upon registration, you will receive a camper packet including: confirmation of registration, notification of remaining balance, health forms, parent information, and a clothing list. Full payment is due May 1.

Prior to May 1, contact the Camp Director to request a tuition refund. There are no refunds after May 1, regardless of whether a camper cancels, arrives late, leaves early or is dismissed.

Please send your registration form and non-refundable deposit of \$100 per registered session to our winter office at 266 College Street in Burlington, VT 05401.

ACTIVITIES OFFERED *Limited by age and/or skill level

	CABIN ACTIVITY	ACTIVITY PERIOD	EVENING PROGRAM	OTHER	CABIN ACTIVITY	ACTIVITY PERIOD	EVENING PROGRAM	OTHER	CABIN ACTIVITY	ACTIVITY PERIOD	EVENING PROGRAM	OTHER
4th of July parade				Dance				Risk				
Archery	•	•		Dances w/ girls camps			•	Rock climbing	•	•		
Arts & crafts	•	•		Dutch auction			•	Rollerblading			•	
Astronomy	•			Fishing	•	•		Rugby			•	
Baseball		•		Floor hockey	•	•		Sailing regattas				•
Basketball	•	•		Football		•		Sailing*	•	•		
Battleships	•			Frisbee golf	•			Scavenger hunts	•		•	
Beach volleyball	•			Frisbee sports	•	•		Service projects	•			
Bike trips	•			Gold rush			•	Skateboarding	•	•		
Biking*		•		Group games	•			Snorkeling	•	•		
Board games	•			Haunted forest			•	Soccer	•	•		
Cabin chats				Hiking	•			Sports tournaments				•
Cabin pride			•	Human scrabble			•	Swimming	•	•		
Camp craft / Nature	•	•		Kayaking	•	•		Teambuilding	•	•		
Camp newsletter		•		Lacrosse	•	•		Tennis	•	•		
Campfires	•		•	Leisure sports	•	•		Theme weekends & days				•
Candlelight ceremony			•	Low ropes	•	•		Village cookout				•
Canoeing	•	•		Martial arts			•	Volleyball			•	
Capture the flag			•	Nature	•	•		Waterpaloosa				•
Carnival days				Nidokenak Ceremony				Windsurfing*	•	•		
Casino night			•	Olympic weekend				Woodworking	•			
Chapel				Overnights	•			Zingers			•	
Climbing wall*		•		Pottery	•	•						
Counselor hunt			•	Predator & prey			•					

CIT PROGRAM

OUR CIT PROGRAM ENABLES TODAY'S campers to become tomorrow's leaders. This four or five week program is designed to help campers in the transition to counselor and to develop leadership skills which can be used in school or workplace. The CIT experience provides in-depth training in skill development, child development, group dynamics, and conflict resolution.

Each CIT lives in a cabin with 8 to 10 other CITs. The CITs are supervised and mentored by the CIT Director. There are plenty of opportunities for CITs to enjoy camp recreation, off-site trips, and special events.

All CIT's must have completed 10th grade and be interviewed by the Camp Abnaki Director

MINI CAMP

OUR MINI CAMP PROVIDES CAMPERS AGES 6 to 9 a transition into resident camping. Mini Camp campers spend four days and three nights at camp in a specialized program. Campers are able to sample the favorite camp activities in a shorter period of time. Activities are developmentally age appropriate and geared towards first time campers. Our goal is to provide a fun, nurturing experience and to instill a desire to return to camp for years to come.

ANNUAL PROGRAMS & EVENTS

EVERY YEAR, CAMP ABNAKI HOSTS SPECIAL events for children and families, including a Winter Carnival, Camper Reunion, Memorial and Labor Day Family Camps, Father/Son and Mother/Child Weekends, October Vacation Camp, and Help the Other Fellow volunteer work days. Please contact the camp office to find out more.



www.campabnaki.org

- Register for camp
- Camp photos
- Camper forms
- Directions
- Session dates and rates
- Descriptions of programs
- Alumni page
- Family programs
- Map of camp
- Group rental information
- Frequently asked questions

